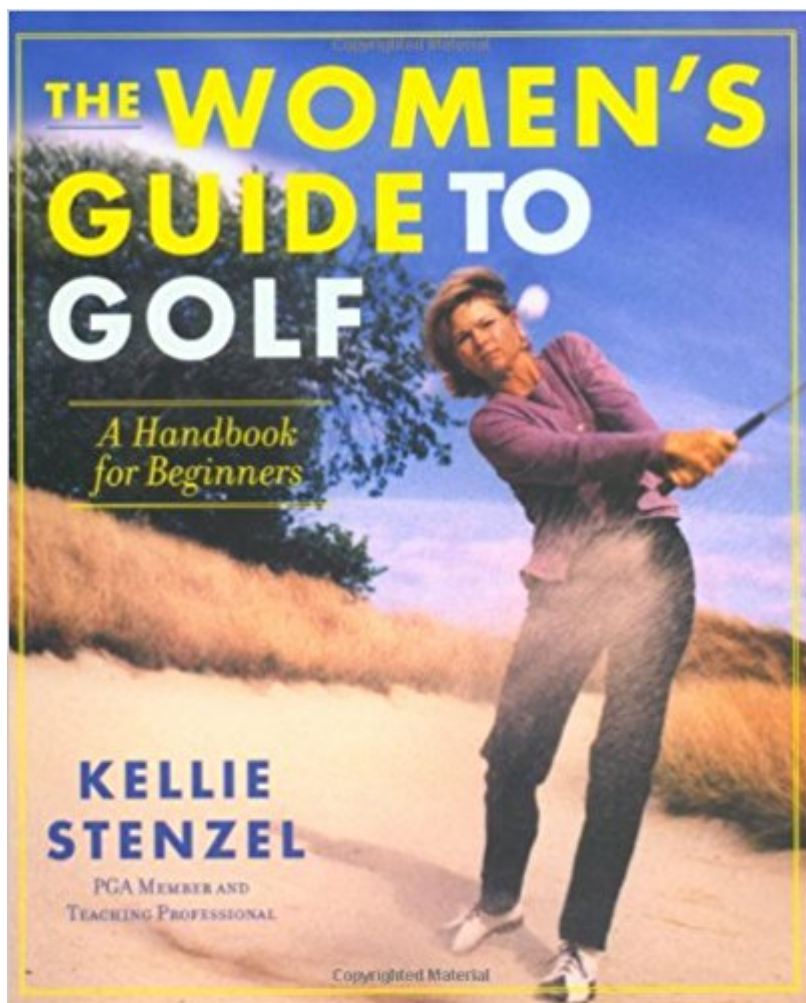




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The Women's Guide To Golf: A Handbook For Beginners



Synopsis

Throughout her teaching career, Kellie Stenzel has been continually asked to recommend a beginning golf instruction book for her female students to read. She researched the market and found nothing suitable--most books are too technical for the beginner and assume that the reader already has some familiarity with the game. This became the inspiration for *The Women's Guide to Golf*, a well-crafted and easy-to-understand golf instructional for women who are new to the game. Each section of the book provides a complete explanation of the skills needed to play golf. Ideas are presented in a clear and simple manner--golf lingo is translated into every-day English whenever possible so the reader can easily understand. Since students must have an idea of what they are trying to accomplish before they can learn, Kellie Stenzel starts at the very beginning and gives detailed explanations of basic concepts. For example, she explains what a putter looks like, what a putting green looks like, and what the goal of putting is, before teaching the reader how to putt. In addition, since women's learning style is very different from men's, this book also addresses specific women's issues, such as posture and lack of distance. This book includes- a thorough explanation of the game- easy-to-understand instructions- suggestions on how to avoid embarrassment as a beginner- simple ways to remember what you've read- great anecdotes from the author's experiences as a golfer and a teacher- over 75 black-and-white photos. *The Women's Guide to Golf* is one of the most accessible and comprehensive golf instructionals ever written for women--it is the perfect book for any woman who wants to learn the game.

Book Information

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Customer Reviews

Kellie Stenzel Garvin, a PGA and LPGA class-A teaching professional, has been golfing since she was 3 years old. In her book, *The Women's Guide to Golf*, she attempts to teach the woman golfer who has not. Assuming the reader has no prior knowledge of the game, she explains everything. The chapters are set up as lessons, the first ones covering the course, the ball, the hole, and the equipment. The simplicity of these first lessons may seem a little insulting--after all, a beginning golfer is not the same as a beginning reader. But when she discusses grip in lesson 5, pay attention--that's when Stenzel Garvin starts to shine. With the aid of 75 black-and-white photos, she takes the novice golfer through the basic points of putting and the short game before moving on to the full swing. Two of the most valuable lessons aimed at helping the beginner avoid the pitfalls that would make her stand out: step-by-step instructions for going to the driving range to hit a bucket of balls and playing a round of golf. "Fake it 'til you make it" is her mantra. Left-handed golfers be warned, this book is written strictly from a right-handed perspective, so all instructions will have to be translated. --Suzanne Sexton --This text refers to an out of print or unavailable edition of this title.

Teaching pro Garvin clearly aims this book at beginners, those afraid of being embarrassed on the course. Thus, the book is not quite as technical as Judy Rankin's *Play Better Golf* (LJ 12/95). In a friendly, forgiving tone (she even recommends that beginners take practice shots from traps), Garvin covers basic golf swing mechanics, rules, etiquette, lessons, cost-cutting, training aids, range practice, handicaps, gender discrimination, and even how to drive a golf cart. Her approach is "fake it 'til you make it

I just got back into golfing last year after a ten-year hiatus and this book was just perfect. It does a great job of breaking down a lot of the mystery and intrigue associated with the game, and made me much more comfortable on the course. I still have MUCH to learn--which is really one of the best aspects of the game, IMHO--but this was great about putting me on a good track. I think the best thing about this book was the realization that the game isn't all that different for women vice men, but that we all act like it is. Recognizing the problem is the first step (I think the second step is washing it out?) At any rate--I liked this one, and refer back to it frequently.

It's easy to follow and simple to understand. This will be suitable for an individual who just starts to learn how to play golf. I tried the drills that the author provides in her book. It works well for me. However, it would be nice if the author provides more information on the difference of natural, strong or weak grip and the impact of each one when making contact with golf ball.

After reading the reviews, I was worried that the book made be a little elementary for me since I have had experience with playing golf before..I am so glad I took the chance and bought this book. It's been a great help. My very first time at te driving range after beginning this book, I could tell a great improvement with my clubs. So happy with this book!! Will definitely be using it for a great while longer!!!

Instructions for women beginners, from a female perspective.

I purchased this book several years ago and have been purchasing them to give to my friends and newbees to the game too. Even though I have played for several years there are times I still need to get this book out and read a section when my game gets a little rough. Gets me back on track. One of the best books I have found to give good technique and information. Worth the purchase.

Just getting started, but so far finding good tips that are neasy to understand for a beginner.

I have always wanted to learn to play golf and finally received clubs for my birthday. Since I had never even held a club before, I wanted a book to help with the very basics and something I could refer to later. This book was just what I needed. It started out showing you how to hold the club and which club to use for various shots. and then goes on to help with problems once you actually get to playing. It is very informative and well worth the money.

A must book for any woman trying to learn the game.

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